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## Mary Ann Rocha, Ph.D., LPC-S, CRC

<u>- ' . \$%&' / \$0012' 3451</u>)

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! "#$%&"()*+
"#$!%&'($)*'+,!-.!"$/0*!1'-!2)0&3$!4055$,!
2)0360+$!7$)+'.'80+$9!2$&3$)!0&3!:-;$&!<+63'$*=!>$8$;?$)!@A@B!
"#$!%&'($)*'+,!-.!"$/0*!1'-!2)0&3$!4055$,!
>-8+-)!-.!C\#'5-*-D\#, !E0F-)9!1\$\#0?'5'+0+'-&!7-6\&*\$5'\&G=!>\$8\$; ?\$)!@ABH!
! "##$%&'&"()*+,+-&./0+(1+2(.)#$3(%+4%'")$$#5+-$3167$%8$"9$/+2(:;$&$)80+")+-(8"'3+<.#&"8$+
, /9(8'80+
"#$!%&'($)*'+,!-.!"$/0*!C0&! I ;$)'80&!
E 0*+$)!-.!J 3680+'-&! E 0F-)9!7-6&*$5'&G!0&3!26'30&8$=! I 6G6*+!@AAA!
"#$!%&'($)*'+,!-.!"$/0*!<0&! I &+-&'-!
K08#$5-)!-.!I)+*!E0F-)9!C*,8#-5-G,=!I6G6*+!BLLM!
,-./0123/4$/35-6-.75-801+
N'8$&*$3!C)-.$**'-&05!7-6&*$5-)!OBHL@P!
7$)+'.'$3!1$#0?'5'+0+'-&!7-6&*$5-)!OQRALP@!
N'8$&*$3!7#$; '805!>$D$&3$&8,!7-6&*$5-)!$&+$)&!0!TA@BP!
K-03! IDD)-($3!NC7!<6D$)('*-)!U" JVI<W!
<8)$$&'&G=!K)'$.!$&+$)($&+'-&=!X!1$.$))05!+-!")$0+;$&+!U<K$1 "W!")0'&'&G!-.!")0'&$)*Y>$8$;?$)!
@ABQ!
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! "#$%&'7)
+ *
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1 J e <!PQA@!C)08+'86; !SS!U6&3$)G)0360+$W+
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- 1 J e <!@R@B!\$&+) 368+' &!+-! I 33'8+' &!<+63'\$\*!U6&3\$)G)0360+\$\\
- 1 J e <!@RRB!C\*, 8#-5-G,!-.!>'\*0?'5'+,!U6&3\$)G)0360+\$\\
- 1 J e <!RR@A![0; '5,!0&3!>'\*0?'5'+,!U6&3\$)G)0360+\$\\
- 1 J e <!QRLA!C)08+'86; !UG)0360+\$W+

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• 1 J e <!QRMA!"\$8#&'j6\$\*!'&!1\$#0?'5'+0+'-&!7-6&\*\$5'&G!UG)0360+\$\\

## &9/+#0-E/31-5C+86+&/K71N>70+% I /3-.70F+"/:735 I /05+86+?/97M-G-575-80+

- 1 J e <!RRRA! 70\*\$! E 0&0G\$; \$&+!S!
- 1 J e <!@RRB!C\*, 8#-5-G,!-.!>'\*0?'5'+,!
- 1 J e <!@R@B!\$&+)-368+'-&!+-! I 33'8+'-&\*!<+63'\$\*!
- 1 J e <!RR@T!LAN! E \$3'805! I \*D\$8+\*!-.!>'\*0?'5'+,!!
- 1 J e <!PQA@!C)08+'86;!SS!
- 1 J e <!RRRA! [0; '5, !0&3!>'\*0?'5'+,!
- "\$08#'&G! I \*\*'\*+0&+!U<D)'&G!@ABPW! 1 J e <!PQA@YC)08+'86;!SS!
- "\$08#'&G!I\*\*'\*+0&+!U<D)'&G!@ABPW!1Je<!@RRBYC\*,8#-5-G,!-.!>'\*0?'5'+,!
- "\$08#'&G! I \*\*'\*+0&+!U[055!@ABRW!1 J e <!PQA@YC)08+'86;!SS!
- "\$08#'&G! I \*\*'\*+0&+!U<D)'&G!@ABRW! 1 J e <!@RRBYC\*, 8#-5-G,!-.!>'\*0?'5'+,!U-&5'&\$!8-6)\*\$W!
- "\$08#'&G! I \*\*'\*+0&+!U<6;;\$)!@ABR\!1 J e<!PQA@YC)08+'86;!SS!

## >386/11-8076+A/IM/319-:1+

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"$/0*!7-6&*$5'&G! I **-8'0+'-&!@A@@!
"$/0*! I **-8'0+'-&!.-)!7-6&*$5-)!J3680+'-&!@A@@!
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\$805-02-0H+!B2.75-804>386/11-8076+"/E/68:I/05

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\ 8+-?$)!@ABL!U7J%\\!E$&+05!e$05\#!I 0)$&$**!7-&.$)$&8$\!124!E$&+05!e$05\#!7-05'+'-&!!
i - ($; ?$)!@ABL!U7J%\\!J/D\$**'($!I)+!S&+$)($&+'-&*!.-)!<6?*+0&8$!\%*$!>'*-)3$\*\!!!!
E 0 . !@ABL!U7 $)+' . '80+$! - . !8 - : D5$+' - &\! < $8 - &3! I &\&605! E $\&+05! e $05+\#! I \quad 0)$\&\$**!7 - : : 6\&'+ . !
<6: : '+YE8I55$&!S<>!
<$D+$; ?$)!@ABL=! i - ($; ?$)!@ABO=!>$8$; ?$)!@ABP!kE!"$08#'&G!\&5'&$!")0'&'&G!7$)+'.'80+$!
ID)'5!@ABT!U7J%W!C>IC!Q!0&&605!*6?*+0&8$!0?6*$!0&3!?$#0('-)05!#$05+#!8-&.$)$&8$!!
\ 8+-?$)!@ABT!U7J%\\!E$&+05!e$05+#!I_0)$&$**!7-&.$)$&8$Y!124!E$&+05!e$05+#!7-05'+'-&!!
#0-E/31-5C4"/:735 I /05+@/3E-./+
\6)!N03,!-.!+#$!N0]$!%&'($)*'+,=![$?)60),!@A@R!
   • 7 - ; ; '++$$!;$; ?$)!.-)!7#0)5$*!K6+!<8#-50)!)$('$_!
$8 I I 20-5C+@/3E-./+
4055$,!I**-8'0+'-&!.-)!S&3$D$&3$&+!N'('&G!U4ISNW!E8I55$&=!"$/0*!Z0&60),!@ABLaD)$*$&+!
   • K-0)3!; $; ?$)!U@A@BYD)$*$&+W!
   • K-0)3! I 3('*-),!; $; ?$)!UZO&60),!@ABLY@A@BW!
>3/1/0575-801+
!''#$#%&#'''
?8.97F+A0+%0+U@A@R=!E0)8#Wc!i-!<-,!S&+)6*09!E,!C#>!Z-6)&$,!0*!0!7#'80&0bN0+'&0c!
1D) \$ \$ \& + 0 + ' - \&mc! i I 7 7 < ! " \$ F 0 * ! [ \ 7 \ ! @ A @ R ! 0 + ! % " 1 2 4 c! ]
?8.97F+A0+%0+U@A@R=!E0)8#Wc+40; -*!0!C50+'80)9!K'865+6)05!<6D$)('*'-&!1D)$*$&+0+'-&mc!@A@R!E'3!
: ^{4+}17 - ... $\$\&8\$mc!" I 7 J < c!
?8.97F+A0+%c!U@A@@=! I D)'5Wc! i -!<-,!S&+)6*09! E,!C#>!Z-6)&$,!0*!0!7#'80&0bN0+'&0c!
1D) \$\$\&+0+'-\&mc!J\&GOG\$3!<8\#-50)!<, ; D-\$'6; !0+!\% " 1 2 4 c!
?8.97F+A0+%0!X!7#$&=!1c!U@A@B=!\8+-?$)Wc!C)$Y*$)('8$*!8-6&*$5-)*9!I;!S!D)$D0)$3!+-!$&GOG$!'&!
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! "#$%&' 9)
  i G6, $&Y['&=!dc=!E'55$)=!Jc=!X!?8.97F+A0+%0!U@A@B=!E0, \(\mathbb{K}\), -&3!+\(\pi\)!7\\ 4\(\sigma\)!\(\sigma\)!\(\pi\)!\(\pi\).
+-!&-); 05!5'('&Gc!1S**6$*!'&!7-6&*$5'&G!<$)'$*!(')+605!D)$*$&+0+'-&mc!%" 1 2 4 !<8#--5!-.!
1$#0?'5'+0+'-&!<$)('8$*!0&3!7-6&*$5'&Gc!!
?8.97F+A0+%c!X!N-D$^=!Ec!U@A@A=!\8+-?$)\\c!,\%$+;\%$6#$%9"8$+8(.)#$3(\\dagge*#+;\\s$;\'\\$)='=\$+"\}+
\#(8"'3+).\#(88+')/9(8'80.2+17-\&.\$) $&8$!(')+605!D)$*$&+0+'-&mc! i 17 I!<,; D-*'6; c!!
?8.97F+A0+%c!U@ABL=!\8+-?$)Wc!, //"8&"()@+7(3"80+')/+'/9(8'80A!1<$; '&0)!D)$*$&+0+'-&mc!!
I 33'8+'-&!1$*-6)8$!7$&+$)9!<+63$&+!<$; '&0)=!J3'&?6)G=!"$/0*c!
! ( %#) '*+$, -$$+. %'
\textbf{?8.97} + \textbf{A} \text{ 0+\%c!U}; -3\$) \text{0+-} \text{ } \text{0+\%c!U} \text{ } \text{A} \text{@B=! I } \text{6G6*+Wc! } \text{$i$} \text{-+!0!+} \text{)} \$ \text{3!--} \text{!+\#} \text{)} \text{0+9!+} \text{0} \& \text{3} \$ \text{3} \text{!+6DD--} \text{+!0&3!}
03(-808, c!17-4.5)
E - 3\$)0+-)!!
?8.97F+A0%0!U; -3$)0+-)\c!U\8+-?$)!@ABQ\c!Z6*+!K$+_$$&!\%*9! I 88$**'?'5'+,!-)!>'*0?'5'+,c!
1<+63$&+! I 88$**'?'5'+,!<$)('8$*!7-&.$)$&8$mc!%" 1 2 4!<8#--5!-.!1$#0?'5'+0+'-&!<$)('8$*!0&3!
7 - 6&*$5'&Gc!
```

15(0)\$^!E0)+'&\$^-!<c-!>0\_]'&\*=!Ec=!>\$!N0!")'&'303=!Ec=!20)8'0=!Nc!Ec=!E0+0YC'\*+-108#\$=!"c=!15+\$;0!

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